

FAST-HEALING NOSE JOBS!

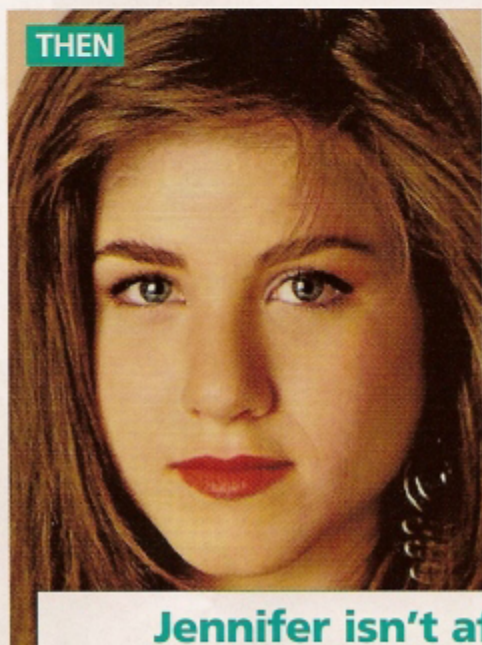
THE BREAKTHROUGH:

Closed rhinoplasty, an external incision-less nose job. (The surgeon enters the nose through the nostrils.) "There's no visible bruising because the bone isn't broken," says Dr. Anthony Youn. "And everyone loves that the scars are on the inside."

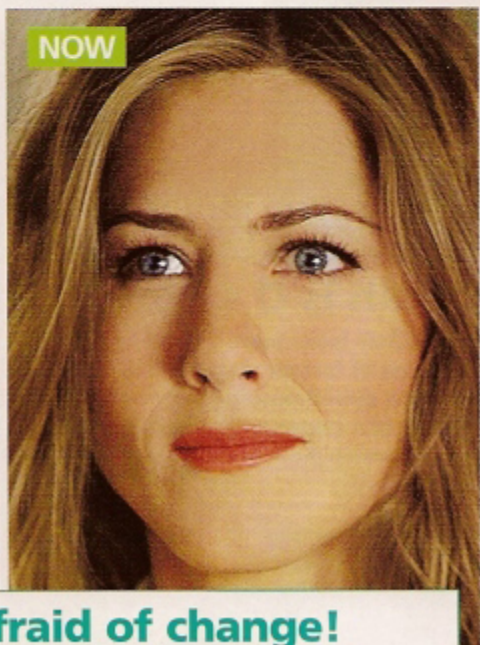
RECOVERY TIME:

After the first week, mild bruising disappears. Stars heal fully within two to three weeks. (Regular nose jobs can take up to a year to settle.)

COST: \$6,000



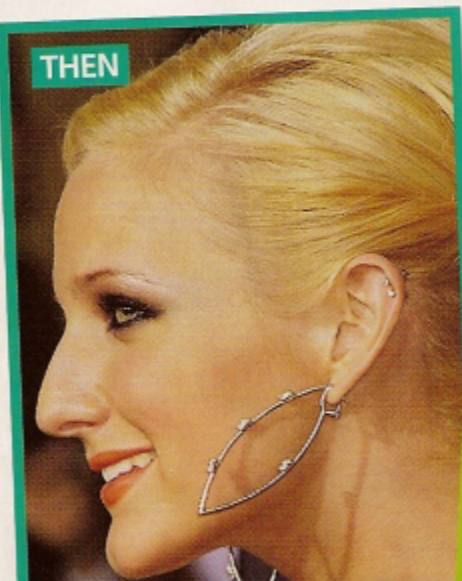
THEN



NOW

Jennifer isn't afraid of change!

"She definitely already had rhinoplasty at the tip of her nose," says Dr. Youn about Jennifer Aniston, 37, though her rep denies it. An insider says the star has been considering further refinement recently, for a "minor touch-up."



THEN



NOW

Ashlee made over her entire life!

She's not in Jess' shadow anymore! Ashlee Simpson revamped her look and her career with a reported nose job last April. Says Dr. Leonard Grossman, "It was simple: The hook was removed, giving her a more attractive profile."



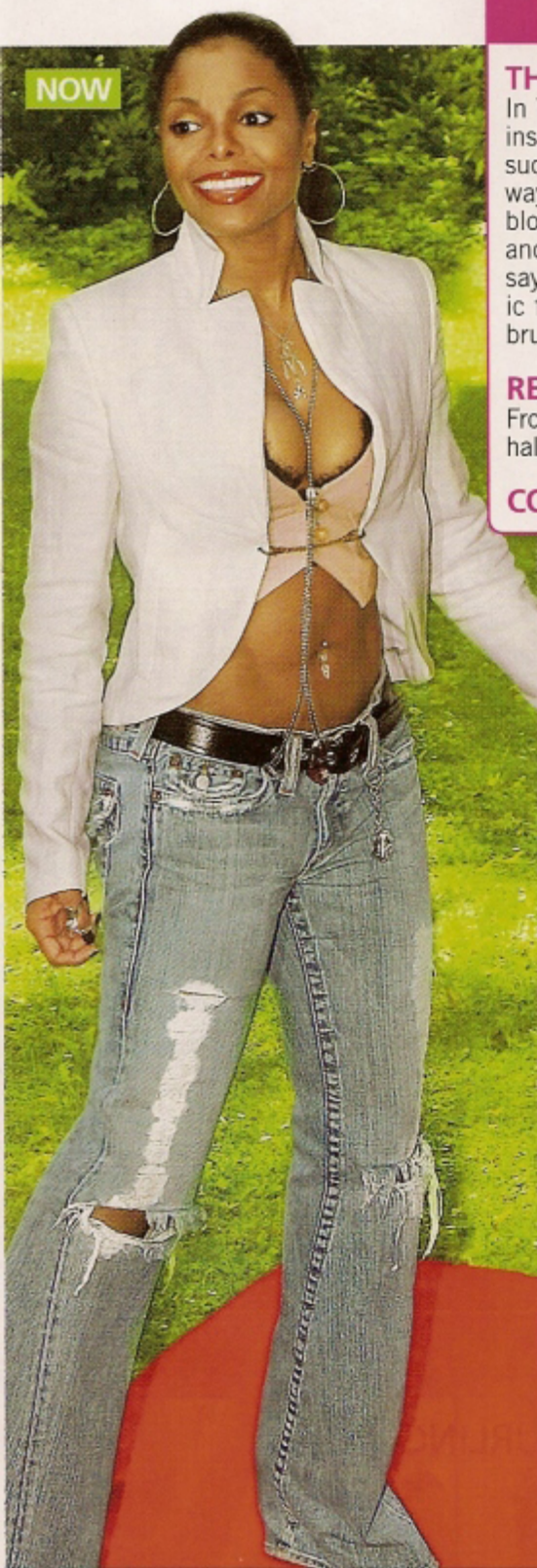
ANOTHER NOSE JOB?

In the past month, an insider says, Jen consulted Dr. Raj Kanodia — reportedly Ashlee Simpson's plastic surgeon — and then on Dec. 26, she stepped out in LA with what appeared to be something odd on her nose, possibly a bandage.



THEN

NOW



FAT MELTS IN MINUTES!

THE BREAKTHROUGH:

In Vaser LipoSelection, a special instrument melts fat before it's sucked out of the body. "That way, unlike regular lipo, the blood vessels, nerve endings and muscles are disturbed less," says Dr. Youn. "It's less traumatic for the body, so there's less bruising as a result."

RECOVERY TIME:

From one to two weeks — nearly half the time of traditional lipo.

COST: \$4,000 to \$7,000

NOW



THEN



Brit's baby weight is gone!

While Britney Spears, 25, has been mum about how she shed her post-baby pounds, her ex Jason Alexander publicly claims that Brit had a tummy tuck. "She has the money to have surgery and nutritionists to get her body back," he said.

A whole new Janet!

Janet Jackson, 40, dropped more than 60 pounds in just four months — crediting her strict low-cal, high-protein diet and six-times-a-week workouts. But was that all? Dr. Grossman thinks the singer likely had abdominal sculpting years ago, which would have helped her snap back in to shape faster with regular workouts.

CLOCKWISE FROM TOP LEFT: GLOBE; MELISSA MOSELEY/WIREIMAGE; SCOTT/ISBP/BAUER-GRIFFIN; MALIBU MEDIA; SS/JP/SC/FLYNET; TOM MARVIN; MICHAEL CARRILLO/PACIFIC COAST NEWS; JEFF KRAVITZ/FILMMAGIC; IANMIE ARROYO/AFR