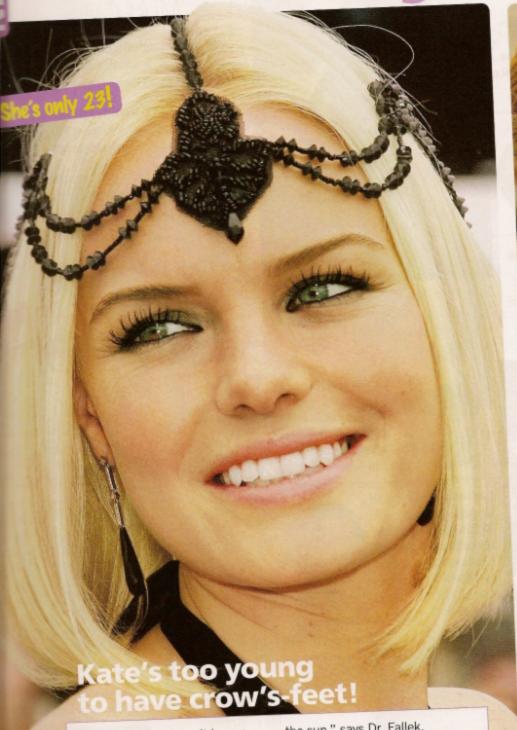
Do they look



Kate Bosworth doesn't have a friend in Father Time! NYC-based plastic surgeon Dr. Steve Fallek says the Superman Returns star looks like she's 27, noting the crow's-feet and forehead creases. "She shouldn't have deep lines yet - she needs to be careful with

the sun," says Dr. Fallek.

The solution? Dr. Anthony Youn, a plastic surgeon in Michigan, says medical-grade antiaging skin care like Retin-A (up to \$500 for the program) paired with Botox (\$500 a pop) could reverse the signs. But he warns, "She shouldn't lose weight."





their 30

Life hasn't been a beach for Kristin

Though still in her teens, former Laguna Beach star Kristin Cavallari looks 32, says Dr. Youn: "It's genetics she has a long, thin face, and it's starting to lose volume." Fat grafts (\$3,500) would add fullness to her undereye bags and wrinkles.

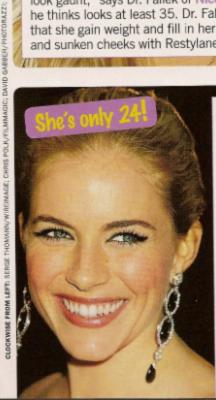


Hilary Duff no longer looks like a teen queen! Her under-eye bags, crow'sfeet and smile lines make her appear to be in her late 20s, says Dr. Fallek. His prescription: "She should stay out of the sun and avoid yo-yo dieting."



Nicole's face needs plumping

"She has no fat in her face, and it's making her look gaunt," says Dr. Fallek of Nicole Richie, who he thinks looks at least 35. Dr. Fallek recommends that she gain weight and fill in her deep creases and sunken cheeks with Restylane (\$700).



Sienna could use more SPF

"British skin often doesn't fare well in the sun," says Dr. Fallek, who says Sienna Miller's crow's-feet. under-eye bags and smile lines make her look 32. He suggests Botox, laser treatments (\$1,000) and Restylane.