



beauty innovations

From a noontime lift to a slimmer you,
these age-defying
procedures can transform you.

by Carla Schwartz
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Norah Ephron wrote a book about it — “I Feel Bad About My Neck: And Other Thoughts on Being a Woman,” a witty chronicle on growing older. These days, however, there’s no need to feel bad. With the pursuit of perfection now a multi-million-dollar industry, doctors, spa owners and specialists across the country offer a smorgasbord of trendy, rejuvenation treatments. * We spoke to local experts and rounded up the latest advancements and hottest procedures to help you put your best face forward.

Fat Transfer

What is it? According to Dr. Antony Youn of the Hills Plastic Surgery and Laser Centre in Rochester Hills, fat grafting is a remarkable plastic surgery technique. “We take fat from the tummy or the thighs and inject it into the face, which has become gaunt or lost volume with age, says Youn. The procedure takes about an hour under general anesthetic.

Benefits: “There are no visible scars, and almost no down time, explains Youn, who trained with renowned Beverly Hills Plastic Surgeon Dr. Richard Ellenbogen. “It will recreate softness of youth, by adding lost fat back into the cheeks,” says Youn. He explains that this procedure adds a third dimension of volume to the face and looks natural instead of looking pulled.

“I liked the idea of using your own body fat as opposed to something foreign — it was minimally invasive and there was very little down time involved,” recalls patient Linda Green of Chicago. “The surgery was performed approximately three years ago and I am very happy with its longevity,” she adds. “I noticed a huge difference in my cheek bones and mouth area. It was incredible.”

Approximate cost: \$4,000.