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BEST BARGAIN

ANTI-AGING PRODUCTS

It doesn't take a lot of money to look good and turn back the clock. Although you're more likely to get a higher quality skin care product if you pay a little more, there are plenty of great bargains that can help you look younger and save you money.

HERE ARE FOUR OF MY FAVORITES:

Bargain #1:

ROC RETINOL CORREXION EYE CREAM - \$23

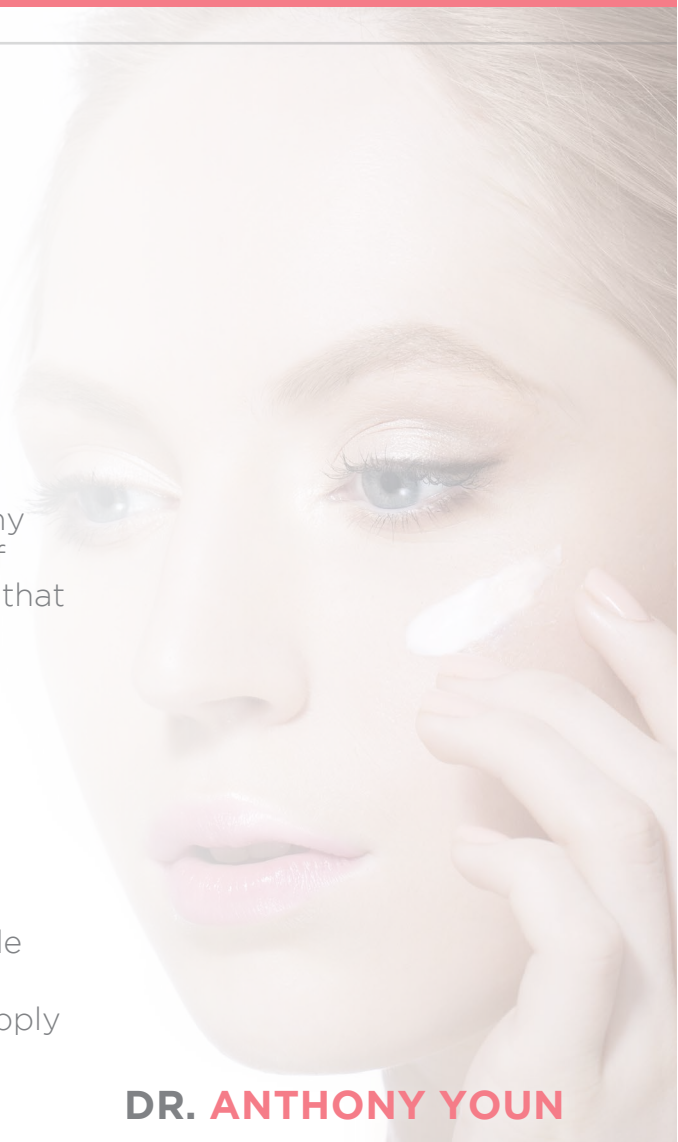
\$23 – This inexpensive eyelid cream contains retinol, my favorite anti-aging ingredient to smooth crepey skin of the lower eyelids. It also contains creamy moisturizers that make it feel great on your sensitive lower eyelid skin.

Bargain #2:

SUDDEN CHANGE UNDEREYE FIRMING SERUM

\$16 for two bottles – Although this cream won't provide a long-term anti-aging benefit, it's a great option for temporarily reducing the puffiness under your eyes. Apply

DR. ANTHONY YOUN



a tiny amount, and within three minutes your undereye puffiness will be dramatically reduced. The effects last for several hours. Not bad for less than \$10 a bottle!

Bargain #3:

CREST 3-D WHITE TOOTHPASTE

\$6 – I've tried dozens of 'whitening' toothpastes over the last decade, but this is the only one that has actually worked for me. After brushing with it for two weeks, my teeth were significantly whiter. Combine with the Crest 3-D White Mouthwash for an even quicker effect!

Bargain #4:

NEUTROGENA RAPID WRINKLE REPAIR

\$22 – Retinol is a common anti-aging ingredient in many inexpensive, drugstore brand skin care products. Although not as potent as more expensive retinol creams found in doctors' offices (like ZO Retamax), this one can do the trick for those on a budget. Apply every evening as long as your skin tolerates it.

I GIVE THESE FOUR PRODUCTS MY SEAL OF APPROVAL.

For many more inexpensive ways to turn back the clock, please check out my book, *The Age Fix: A Leading Plastic Surgeon Reveals How To Really Look Ten Years Younger.*



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